

## Arugula Beet Salad with Fennel

If you love salads this one is a winner! The combination of sweet beets with crunchy fennel and refreshing radicchio, combined with a lovely olive oil vinaigrette make it the perfect spring salad.

### Ingredients:

#### Salad:

- 3 red beets, boiled and peeled
- 1 Pink Lady apple, cored and diced
- 1 endive, core removed and sliced
- 1 fennel bulb, core removed and sliced
- 1 head radicchio, cored and sliced
- 1 pack baby arugula (I love Olivia Organic pre-washed)

#### Dressing:

- Juice of 1 orange
- ¼ cup olive oil
- ¼ teaspoon sea salt
- 3 tablespoons apple cider vinegar
- 1 tablespoon maple syrup
- Optional: 1 teaspoon prepared mustard

### Directions:

Peel beets and dice. Place all salad ingredients in a large salad bowl.

Separately, combine all salad dressing ingredients and whisk together. When ready to serve, pour the dressing over the salad and toss.